

# WALBROOK JUNIORS

## Newsletter – Spring Term 2011

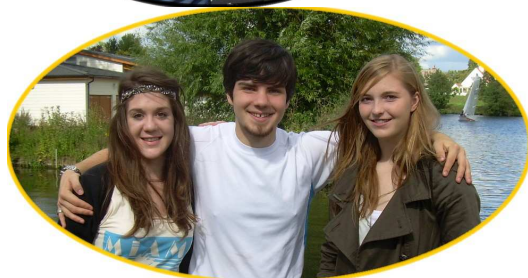
To all 'Juniors', Parents and Coaches:-

### 'Here's to 2011' –

The 2010/11 season kicked off in September with a BBQ at the club where our 'juniors of all ages' together with parents / friends could all meet up with the coaches and take a look around the facilities and equipment at the club available to us. This was a great success – many thanks to all who helped out on the day and with the preparation.



The latest 'Petchey Awards' were announced – these went to Natasha G and Louise O – well done to both. Natasha was part of the crew that came 5<sup>th</sup> at the National Schools regatta last May. Louise juggled rowing and coxing throughout 2010 and coxed the girl's J14 crew at Nottingham narrowly missing a finals place. Both medalled at the Ball Cup at Dorney Lake last year. More info on these awards can be found on the website.



Head racing started up in the Autumn term with two wins and so many near misses. Andrew W and Genti G won the J16 double sculls at Kingston Small Boats head (pictured here at Egham regatta where they won the J15 event) with Natasha G and Kathryn B taking the equivalent girls event.



During the Autumn term three of our more experienced 'juniors' successfully completed the UK Level 2 coaching course – well done.

Olivia W, Alex L and Lizzie W gained valuable coaching experience by assisting at the club. We hope that they will continue to help out with the younger juniors.

We are also pleased to have taken delivery of a new (refurbished) coxed quad scull (**Walverine**) – bringing our total to three. This is a great acquisition and will certainly help at heads and regattas where crews have to share boats.

Date for your diaries – SATURDAY 21<sup>st</sup> MAY – Walton & Weybridge Regatta. The club is intending to enter as many seniors AND juniors as possible making it a great day out for all. Please contact Sue as soon as you know – one way or the other.

Our juniors have helped 'Team Richmond' to success at the London Youth Games Rowing Regatta and Indoor Rowing for the last few years. We would like to continue the success in 2011. Trials to select teams for the rowing regatta and the indoor rowing will be held at Walbrook on Thursday 31 March 2011, 4.30-6.30pm. Full details can be found on our website under 'Current Info' (top bar).



### Subs

For those parents paying subscriptions each term – a reminder that subs for the Spring term are now due:-

- All except 'New starters' and J13's – £95 per term.
- 'New starters' / J13 subs – £85 per term.

Please make cheques payable to 'Walbrook Rowing Club', writing your athlete's name on the back together with the purpose (ie Subs Spring Term).

This still represents excellent value for the facilities that are available to the 'Juniors'.

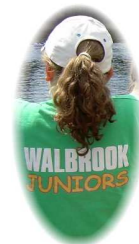
**Info overleaf – so – P T O >>>**

## Timetable and Website

The provisional 'Spring' term timetable has now been published on the **website** with a link under 'Parent Info'. The website, at [www.walbrookrc.co.uk](http://www.walbrookrc.co.uk) then 'Junior section', is continually being updated so **PLEASE** look at regular intervals as this is where all important information is regularly posted. 'Details for next 2 weeks' is significant as this is where updated info can be found – things do change! Also hard copy of relevant information will be posted on the notice board just inside the clubhouse.

## Junior Kit

We have available Junior T-shirts and 'Hoodies' with the 'Walbrook Juniors' logo - £15 and £25 respectively – see Sue. More 'Walbrook' and 'Walbrook Junior' kit is / will be available – just ask and look on the website. Current 'Walbrook' kit can be found on the main website under 'clothing'.



## Upcoming Races

The coaches will be getting together shortly to identify suitable 'Head Races' between now and Easter for the 'Juniors', taking into consideration the age and experience of each athlete. We are limited by the number of boats that we have and trailer availability. Events being considered are:-

Event	Race Date	More Info
Hampton Head	Sat 5 February	For our more experienced juniors
Weybridge Head	Sat 12 February	Re-arranged date – again the older juniors – quads
NJIRC (National Junior Indoor Rowing Champs) (Lea Valley, N London)	Fri 4 March	Ergos for all age groups – many of our juniors competed last year – with a bronze medal won and several other good performances
Burway Head	Sat 5 March	Quads for our juniors plus possibly a girls novice eight with the seniors
National Junior Sculling Head (Dorney Lake)	Fri 18 March	By selection (our more experienced athletes only) – J14 / 15 / 16 Quads (boys and girls)
Women's Head	Sat 19 March	Tideway – our older girls are rowing in an eight with the club seniors
Kingston Head	Sat 26 March	All – local reach – quads for our juniors and possibly the girls eight

Note that the National Junior Sculling Head and the 'NJIRC' will require a day away from school – but if selected (each athlete) we will liaise with the schools involved.

Remember:-

- You need 'British Rowing' membership (current – so renew now if you need to) – details on website
- You need to have paid your subs and have a credit balance in your 'Racing Fund' – see Sue

**Looking further ahead** (after Easter – Head Races are replaced by 'Side by Side' racing) to the Summer Term – here are the events which may be offered (dates for your diaries). We emphasise 'possibly' at present as this is still a long way off.

Event	Race Date	More Info
Wallingford (at Dorney)	Sunday 1 May	J14 – J18 age group – likely to be selected athletes only
Ball Cup (Multi-Lane at Dorney) Specific Regatta for Juniors. Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Sunday 8 May	All - Event is for 'Smaller Schools/Clubs' – we won 3 golds, 3 silvers & a bronze last year – and the Victor Ludorum J13 – J18 age group categories available – team prizes awarded
Thames Ditton (home turf)	Saturday 14 May	All – 6 crews raced last year with 2 crews very close to winning
<b>Walton and Weybridge</b>	<b>Saturday 21 May</b>	<b>All – this will be a 'whole club day out' – seniors &amp; juniors</b>
National Schools (Multi-Lane at Nottingham)	Fri – Sun 27 – 29 May	By selection (more experienced athletes only) J14 – J18 age group categories available. Our WJ15 4x came a creditable 5 <sup>th</sup> last year
Twickenham	Saturday 28 May	Limited J15 / J16 categories only – those not going to Nationals
London Youth Games Regatta	Saturday 4 June	At London Docklands – juniors from trials in March
Weybridge Ladies	Sunday 5 June	All – categories not available yet – our WJ14 4x so narrowly lost the final last year
Blenheim (at the 'Palace')	Saturday 11 June	Invitation event for juniors J9 to J13 – we intend to enter – so those eligible keep the day free
Egham	Sunday 26 June	All – J13 – J18 age group categories – we won J15 2x last year
London Youth Games (indoor)	Sunday 3 July	At Crystal Palace – juniors from trials in March
Kingston Regatta (home turf)	Sunday 10 July	All – we just lost the WJ14 4x final by only 4 feet last year

## Final Words

Many, many thanks to all the coaches who have looked after our athletes throughout the Autumn term, at the club, races and behind the scenes. Also many thanks for the help given by our 'older juniors' who assisted as part of their coaching courses.

Also a big 'thank you' goes out to the support of all parents involved as Parent Volunteers. The club would not function without you so keep up the great work! The more who get involved the easier it is for everyone so if you can help in any way please get in touch.



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