

WALBROOK JUNIORS

Newsletter – Spring Term 2010

To all 'Juniors', Parents and Coaches:-

'Here's to 2010' – and to reflect on 2009 - - -

The Summer of 2009 was a great time for our 'Juniors' with trophies and medals won at Chiswick, the Ball Cup (Dorney Lake, Eton), Thames Ditton, the London Youth Games and Kingston Borough together with representation at the Junior Inter-Regional regatta and National Schools, both held at the National Water Sports Centre in Nottingham.



September saw our 2009 / 10 season 'Launch Day' and the presentation of the latest 'Petchey Awards' by Sarah Winckless, our bronze medallist at the 2004 Olympic Games and who rowed in the eight at Beijing. Congratulations to Charlie and Lizzie W, Alice W and Alex L. Our junior co-ordinator and coach, Sue, was also presented with an award for 'outstanding leadership' - in recognition of all her hard work related to the junior section both on and off the water.

Racing continued throughout the Autumn term starting with the J15 boys competing in the 'Boston Marathon' – winning their division! Well done to Daniel L, Andrew W and the '2 Joe's' (W & H), and not forgetting Olivia W who enthusiastically coxed them all the way over the 31 miles!



Nearer to home there were wins for Kathryn B and Alexa H in the WJ15 double sculls at Weybridge followed by Eliza C and Lauren C in the WJ14 category at our home event – Teddington SBH. Winning ways continued with 7 of our 19 junior competitors bringing home pots from Kingston SBH – well done to the '2 Joe's' (again!) in the J15 doubles category and Jessica W, Bella T, Louise O, Eliza C and



cox Olivia W taking the WJ14 quads event. At all 3 of these events we had several 2nd and 3rd placings – so well done to all who competed.



And fun was had by all who took part in the 'Halloween 24 hour Ergo' – what a day – and night! Many thanks to all who helped organise this, rowed the 10 minute slots and raised money to the tune of £1600. From this a donation has been made to 'Pull for Huntingdon's' – supporting Sarah's (Winckless) charity to help fight this debilitating disease. With the remainder the first priority will be to replace the shoes in the boats used by the 'Juniors' during the early part of the Spring Term.

More information on all these events can be found on the website at www.walbrookrc.co.uk then 'Junior section & newsletter'.

Now to 2010 >>>

Subs

For those parents paying subscriptions each term – a reminder that subs for the Spring term are now due:-

- All except 'New starters' and J13's – £90 per term.
- 'New starters' / J13 subs – £80 per term.

Please make cheques payable to 'Walbrook Rowing Club', writing your athlete's name on the back together with the purpose (ie Subs Spring Term).

This still represents excellent value for the facilities that are available to the 'Juniors'.

Info overleaf – so – P T O >>>

Timetable and Website

The provisional 'Spring' term timetable has now been published on the **website** with a link under 'Parent Info'. The website, at www.walbrookrc.co.uk then 'Junior section & newsletter', is continually being updated so **PLEASE** look at regular intervals as this is where all important information is regularly posted. 'Details for next 2 weeks' is significant as this is where updated info can be found – things do change! Also hard copy of relevant information will be posted on the notice board just inside the clubhouse.

Junior Kit

We have available Junior T-shirts and 'Hoodies' with the 'Walbrook Juniors' logo - £15 and £25 respectively – see Sue. More 'Walbrook' and 'Walbrook Junior' kit is / will be available – just ask and look on the website. Current 'Walbrook' kit can be found on the main website under 'kit' – 'Godfrey Sports'.



Upcoming Races

The coaches will be getting together shortly to identify suitable 'Head Races' between now and Easter for the 'Juniors', taking into consideration the age and experience of each athlete. We are limited by the number of boats that we have and trailer availability. Events being considered are:-

Event	Race Date	More Info
Hampton Head	Sat 6 February	Likely to be for our more experienced juniors
Burway Head	Sat 27 February	Quads only for our juniors
Schools Head (Putney)	Thu 11 March	Eights – possible girls J15 crew
National Junior Sculling Head (Dorney Lake)	Fri 12 March	By selection (our more experienced athletes only) – J14 / 15 / 16 Quads (boys and girls)
NJIRC (National Junior Indoor Rowing Champs) (Battersea)	Tue 16 March	Ergos for all age groups – many of our juniors competed last year – with a bronze medal won and several other good performances
Kingston Head	Sat 20 March	All – Our own stretch of river – quads only for our juniors

Note that the Schools Head, National Junior Sculling Head and the 'NJIRC' will require a day away from school – but if selected (each athlete) we will liaise with the schools involved.

Remember:-

- You need 'British Rowing' membership (current – so renew now if you need to) – details on website
- You need to have paid your subs and have a credit balance in your 'Racing Fund' – see Sue

Looking further ahead (after Easter – when Head Races are replaced by 'Side by Side' racing) to the Summer Term – here is a summary of the events which may be offered (dates for your diaries). We emphasise 'possibly' at present as this is still a long way off.

Event	Race Date	More Info
Chiswick	Saturday 1 May	We won both the girls and boys J14 quads last year
Wallingford (Multi-Lane at Dorney)	Sunday 2 May	J14 – J18 age group categories available – likely to be selected athletes only
Ball Cup (Multi-Lane at Dorney) Specific Regatta for Juniors. Medals for 1 st , 2 nd , 3 rd	Sunday 9 May	All - Event is for 'Smaller Schools/Clubs' – we did well last year – taking silver and bronze in the J14 and WJ13 quads respectively J13 – J18 age group categories available – team prizes awarded
Thames Ditton (home turf)	Saturday 15 May	All – silver in the boys J14 quads last year + a 'Plate' win for the girls
Walton	Saturday 22 May	All – categories not available yet
National Schools (Nottingham)	Fri – Sun 28 – 30 May	By selection (the more experienced athletes only) J14 – J18 age group categories available
Twickenham	Sunday 29 May	Limited J15 / J16 categories only – those not going to Nationals
Weybridge Ladies	Sunday 6 June	All – categories not available yet
Peterborough J14	Saturday 26 June	J13 and J14 only. Some events for 'Tinies' (J11 – 13)
Egham	Sunday 27 June	All – J13 – J18 age group categories available
Kingston Regatta (home turf)	Sunday 11 July	All – we won the 'Plate' in WJ13 quads & doubles last year

Final Words

We welcomed new coach Tim (Liversage) in September. Tim also coaches the J14's at Kingston Grammer School so will be primarily focusing on the J15's at 'Walbrook Teddington Schools'. Also – many, many thanks to all the coaches who have looked after our athletes throughout the Autumn term, at the club, races and behind the scenes.

Also a big 'thank you' goes out to the support of all parents involved as Parent Volunteers. The club would not function without you so keep up the great work! The more who get involved the easier it is for everyone.



Sue Eggeman – 07950 087157 juniors@walbrookrc.co.uk and je.se@btopenworld.com (Junior Coordinator)