

Email sent 30/7/2020 from Walbrook Committee

Dear [member name]

Please read this email carefully as it contains important information for crew rowing. Apologies that it is so long.

The Walbrook Committee is very much aware that many members are keen to get back in crew boats and after reading the latest BR guidance and listening to their Webinar last night we have agreed the following plan to get the doubles back on the water from 1/8/20, the quads/fours from 15/8/20 and eights by the end of August.

You will be aware that as the number of "person to person" contacts increases, the greater the chance of contracting the virus and so we ask all our members to follow the procedure outlined below to keep everyone safe. You should also be aware that the site is getting very busy now with all the sections reintroducing more water sessions.

Booking Boats

By booking and taking out a crew boat we assume that:

1. You agree to comply with the Club's hygiene, cleaning and social distancing rules. These are attached to remind you what to do.
2. You agree not to come to the site if you have displayed any Covid-19 symptoms or to the best of your knowledge been in close contact with someone who has displayed symptoms in the last 21 days.
3. You confirm that you will adhere to Government and Public Health England guidelines on social distancing whilst attending the Club or partaking in Club activities.
4. You understand that by attending the Club and partaking in crew boat activities that you may be subject to an increased risk of exposure to Covid-19 and that by taking part in such activities you are accepting this increased risk.

Boats may only be used if they have been booked on the booking form at <https://docs.google.com/spreadsheets/d/1EHuXNjcO8jyEQoK-x5vDz41BN7HRJWHfAj3zsWgPH4Y/edit?usp=sharing>

- There is one tab for singles and one tab for doubles.
- Doubles have been allocated to men's and women's squads.
- When booking a double the name of both crew members must be booked in as the club is required to retain information on ALL outings for at any given time for the previous 21 days, so that in the event of any members contracting the C-19 virus, appropriate steps for isolation/quarantine can be taken.
- No matter how unlikely you think it might be that you or a fellow member could contract the virus as a result of visiting the club and rowing, everyone at the club must act responsibly and adhere to the procedures in place. Remember that we have members who fall in to 'at risk' categories, so it is unacceptable for anyone to put them at increased risk by ignoring the procedures.

- Appropriate action will be taken against members who are deemed to have deliberately ignored club hygiene, social distancing and boat washing procedures etc.

Boating

Please remember that on a Saturday we only have a 20 minute priority slot in which to boat from 10 past each hour to half past each hour. If all our crews have not boated by this time and there are others waiting to boat then others then have priority and we must wait until they have finished boating. This has not as yet caused a problem but singles boat much more quickly than doubles which are quicker than fours/quads. It could be that we may have to stagger boating times if we have too many wanting to boat at a certain time. There is no set time for returning so you may have to wait a while. Please let those in the creek out before you come in. Be aware that there is a learn to canoe course on a Saturday starting at about 9.30am. They are very wobbly!

Specific Points as Recommended by BR.

- You may wish to wear a face-covering during the launching process as you could be in close contact.
- Boats and blades should be cleaned before and after use paying particular attention to touch points.
- No shouting ie calls in the boat other than steering
- All crew members to row together at all times with limited stopping. If stopped all members should be either at back stops or front stops at the same time together
- Hands should be washed before and after the outing
- Doubles should be carried with the crew members at least 2m apart.
- Only 1 person in the boat bay collecting blades at once.

Local Lockdowns

Please be aware that boating could be suspended at very short notice if we are caught in a local lockdown. We will try to notify everyone on the booking form if this happens.

Introducing Fours/Quads and Eights.

We will be emailing again next week to outline the procedures for rowing in quads/fours. In order to try to ensure that all members who wish to row can, and minimise contact between rowers, the committee would also like to advocate the formation of 'bubbles' of rowers who can alternate outings and use the same boat and blades. Bubbles may consist of up to 6 people for quads/fours and for eights up to 12. Please contact Andrew and Steph to request which bubble you wish to be in.

Please remember that the club room and changing rooms (including showers) are still closed. Please come own changed. If it is raining you are still not allowed to use the changing rooms or showers.

Many thanks for your cooperation in all of this so that we all remain healthy.

Best wishes, Walbrook Committee

Attachment - Spring and summer sculling form:

SINGLE SCULLING AT THE CLUB SPRING/SUMMER 2020

make sure you have booked the boat

COMPLETE THE USUAL RISK ASSESSMENT FOR BOATING

THERE ARE FEWER PEOPLE DOWN THAN USUAL - EMERGENCY SERVICES WILL NOT RESPOND AS QUICKLY AS USUAL

KEEP YOUR DISTANCE FROM OTHERS AT ALL TIMES. **ALWAYS OBSERVE THE 2 METRE RULE!!**

ONLY ONE PERSON IN EITHER BAY OF THE BOAT-HOUSE AT ANY ONE TIME. WAIT OUTSIDE IF NECESSARY.

NO USE OF CHANGING ROOMS/KITCHEN/GYMS OWNED BY TWC

DO NOT COME INTO THE CREEK IF SOMEONE IS ON THEIR WAY OUT - GIVE THEM PLENTY OF ROOM.

PROCEDURES FOR BOATING:

| PROCEDURE | MATERIALS |
|--|---|
| WASH HANDS | OWN SOAP & TOWEL OR HAND-SANITIZER & GLOVES USE HOT WATER TAP TO RIGHT OF BOATHOUSE DOOR |
| WIPE KEY PAD, OPEN BOATHOUSE DOOR, WIPE KEY PAD | ANTI-BACTERIAL WIPE |
| MIX DISINFECTANT SOLUTION OR CHECK TO SEE IF SOME MADE UP | DISINFECTANT AND BUCKETS INSIDE BOATHOUSE DOOR. USE HOT WATER FROM OUTSIDE TAP. |
| MOVE GOOSE BUCKETS AND WIPE CONNECTING ROPES | CLOTH DIPPED IN DISINFECTANT SOLUTION |
| COLLECT BLADES - OBSERVE DISTANCING RULE | |
| CLEAN SCULLING BLADE HANDLES AND LOOMS PLACE ON LANDING STAGE | CLOTH DIPPED BUCKET OF DISINFECTANT SOLUTION |
| GET OUT TRESTLES AND WIPE DOWN WITH DISINFECTANT | PUT BOAT ON TRESTLE, ADJUST THEN GO STRAIGHT ON WATER DO NOT ALLOW A QUEUE TO FORM ON THE LANDING STAGE DO NOT LINGER AND/OR TALK TO OTHERS |

PROCEDURES POST-OUTING

| PROCEDURE | MATERIALS |
|--|---|
| WASH HULL OF BOAT WIPE GATES, SEAT, SHOE FIXINGS, SHOES, INSIDE SHELL, RIGGERS. | CLOTH & HOT SOAPY WATER. DO NOT USE DISINFECTANT CLOTH WITH DISINFECTANT |
| RE-RACK BOAT, WIPE DOWN TRESTLES WITH DISINFECTANT - PUT AWAY | CLOTH AND DISINFECTANT |
| REPLACE GOOSE BUCKETS AND WIPE ROPES | DISINFECTANT IN BUCKETS |
| CLEAN SCULLING BLADE HANDLES AND LOOMS | CLOTH DIPPED IN BUCKET OF DISINFECTANT SOLUTION |
| RETURN BLADES TO BOATHOUSE OBSERVING DISTANCING RULE ABOVE | |
| CLEAN ANY HANDLES, FIXTURES, EQUIPMENT YOU MAY HAVE TOUCHED | CLOTH DIPPED IN BUCKET OF DISINFECTANT SOLUTION |
| PUT USED CLOTHS IN BUCKET OF DISINFECTANT SOLUTION | |
| CLOSE CLUB HOUSE DOORS AND WIPE KEY PAD | ANTI-BACTERIAL WIPE |
| PUT ANY DISPOSAL CLOTHS/WIPES IN BIN IF THERE IS NO ONE ELSE OUT ON THE WATER CLOSE BOATHOUSE DOORS AND WIPE KEY PAD WASH HANDS THOROUGHLY | OWN SOAP OR TOWEL OR HAND SANITIZER |

PLEASE NOTE THAT ANY MEMBER SEEN NOT OBSERVING THESE PROCEDURES WILL BE BARRED FROM SCULLING UNTIL ROWING RETURNS TO NORMAL.

REMEMBER THESE MEASURES ARE AIMED TO PROTECT EVERYONE, NOT JUST YOU. OTHERS MAY BE MORE VULNERABLE/AT RISK THAN YOU.